7:30 a.m.  Registration and Continental Breakfast

8:00 a.m.  Welcome  
*Diane Snow, PhD, RN, PMHNP-BC, CARN  
Clinical Professor and Director  
Psychiatric Mental Health Nurse Practitioner Program  
University of Texas at Arlington School of Nursing

8:15 a.m.  Tailoring Symptom Management to Individual Patient Differences  
*Rx  
*Mary Weber, PhD, APRN, PMHNP-BC  
Endowed Professor in Psychiatric Nursing  
Associate Professor  
University of Colorado College of Nursing

9:45 a.m.  Break

10:00 a.m.  Current Trends in Texas: Assessment and Implications for  
Psychiatric-Mental Health Nursing  
*Diane Faucher Moy, MSN, RN, PMHCNS-BC  
State Nursing Director  
Texas Department of State Health Services

11:00 a.m.  Break

11:15 a.m.  Concurrent Breakout Sessions (choose one session to attend)

    Novel Pharmacological Approaches to PTSD  
    *Rx  
    *Deborah Antai-Otang, MS, FAAN  
    Psychiatric Nurse Practitioner  
    Continuous Readiness Officer  
    Department of Veterans Affairs, VISH 17

    Evidence-Based Practice in Child/Adolescent Mental Health  
    *Lee LeGrice, PhD, LCSW  
    Executive Director of Programs  
    Lena Pope Home, Inc.

12:15 p.m.  Lunch and Exhibits
1:15 p.m. Concurrent Breakout Sessions (choose one session to attend)

**Hope and Change Through Electroconvulsive Therapy**
*Lisa Purdue, MD*
Co-Director of Electroconvulsive Therapy Department
Terrell State Hospital

*Debbie Rusky, RN*
ECT/Neurology Services Nursing Coordinator
Terrell State Hospital

**I Have Dreams I’m Falling Off a Waterfall: Treating Children and Adolescents with Anxiety Disorders**  *Rx
*Christine Banner, MD*
Cook Children’s Behavioral Health

*Barbara Johnson, PhD, RN, BC, PMHNP*
Psychiatric Nurse Practitioner
Cook Children’s Behavioral Health

2:15 p.m. Break

2:30 p.m. Integrating Neurobiology into the Treatment of Addictions  *Rx
*Diane Snow, PhD, RN, PMHNP-BC, CARN*
Clinical Professor and Director
Psychiatric Mental Health Nurse Practitioner Program
University of Texas at Arlington School of Nursing

3:30 p.m. Closing Remarks

4:15 p.m. Adjourn

CONTINUING NURSING EDUCATION INFORMATION

The University of Texas at Arlington Center for Continuing Nursing Education is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity provides 5.5 contact hours.

*Rx indicates sessions offering pharmacology content.
### REGISTRATION INFORMATION

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<th>Category</th>
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<th>After April 15</th>
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<td>Faculty</td>
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Registration fee includes all materials, continental breakfast, breaks and box lunch.

[Click here](#) to register or call 817-272-2581.

**Refund Policy:** Cancellation of registration received before the program begins will be refunded less a $20 processing fee. No refunds for cancellations received after the program begins or for “no shows”.

**Payment Policy:** There will be a $50 service charge for any declined credit card payment. Registration will not be processed until the confirmation of payment is received. Registration confirmation will be done by email.

### SYMPOSIUM INFORMATION

**Location:** E.H. Hereford University Center  
The University of Texas at Arlington  
300 W. First Street  
Arlington, TX 76019

**Travel Information:** Dallas-Fort Worth International Airport is the closest airport to UTA.

**Local Hotels:**

- **Holiday Inn Express, Arlington, TX**  
  1721 Pleasant Place  
  Arlington, TX 76015  
  (877) 863-4780

- **La Quinta Inn and Suites Dallas Arlington South**  
  4001 Scots Legacy Drive  
  Arlington, TX 76015  
  (817) 467-775

- **Courtyard Dallas Arlington by the Ballpark**  
  1500 Nolan Ryan Expressway  
  Arlington, TX 76011  
  (817) 277-2774

- **Sheraton Arlington Hotel**  
  1500 Convention Ctr.  
  Arlington, TX 76011  
  (817) 261-8200

- **Homewood Suites by Hilton® Dallas-Arlington**  
  2401 East Road to Six Flags  
  Arlington, TX 76011  
  (817) 633-1594
Personal Comfort: For personal comfort in rooms of varying temperature, please bring a jacket or sweater.

Directions and Parking: Coming from Northwest or Northeast of Arlington: Take I-30 to Arlington, exit Cooper Street. Drive south on Cooper (approx. 1.8 mi). Turn left onto UTA Blvd. Turn right on Pecan Street. Turn left into the first parking lot (Lot #40). Walk across Pecan Street and Oak Street to the side entrance of the E.H. Hereford University Center.

Coming from Southwest or Southeast of Arlington: Take I-20 to Arlington, exit Cooper Street. Drive north on Cooper (approx 3.8 mi). Turn right on to UTA Blvd. Turn right on Pecan Street. See parking information above.

You may also park in the pay garage at your own expense ($7.50) on West Street.

Click here for map of E.H. Hereford University Center and parking lot.

CONTACT INFORMATION

Registration questions: please call 817-272-2581.

All other questions: please call The University of Texas at Arlington Center for Continuing Nursing Education at 817-272-2778.