2013 Post Symposium Report

MISSION:

The University of Texas at Arlington along with prominent leaders and representatives of the healthcare industry aim to provide attendees with current best practices and information through engaging educational sessions focused on child psychiatric care, addiction therapy, adult/geriatric mental health, and general psychiatric care issues.

LEADERSHIP:

The primary committee is comprised of The University of Texas at Arlington and UT Arlington Continuing Nursing Education staff and industry leaders including representatives from Children’s Medical Center Dallas, Cook Children’s Health Care System, Green Oaks Hospital, JPS Health Network, Millwood Hospital & The Excel Centers, Terrell State Hospital, and Texas Christian University.
Event Highlights

Number of Attendees: 244
Attendees from 7 states
Number of Poster Presenters: 11
Number of exhibitors: 20

Presentation Summary

2 Keynote speakers
16 Breakout sessions
Keynote Speakers

Patricia L. Black, PhD(c), RN
Patricia Black is the Associate Executive Director for the American Psychiatric Nurses Association. Her position provides the opportunity to work with APNA members and staff to develop continuing nursing education for psychiatric mental health nurses through conferences and online learning activities. Ms. Black has a passion for nursing education and mental health recovery and is the project director for the APNA Recovery to Practice initiative that is funded by the Substance Abuse and Mental Health Services Administration to bring mental health and substance use recovery into psychiatric mental health nursing practice. Previous nursing experience includes psychiatric mental health nursing in acute care, outpatient, and community settings and as a psychiatric mental health nursing clinical educator.

Ms. Black received her bachelor’s degree in nursing from George Mason University and her master’s degree from The Catholic University of America as a psychiatric mental health clinical nurse specialist. She will complete her doctoral work in Spring 2013 at George Mason University with a study that reports the experience of psychiatric mental health nurses making ethical decisions with their patients who smoke. Research experience includes areas of tobacco dependence, underage drinking, horizontal violence, health disparities and nursing education.

Peter Earley
Pete Earley is a storyteller who has penned 13 books including the New York Times bestseller The Hot House and the 2007 Pulitzer Prize finalist Crazy: A Father’s Search Through America’s Mental Health Madness. After a 14-year career in journalism, including six years at The Washington Post, Pete became a full-time author with a commitment to expose the stories that entertain and surprise. His honest reporting and compelling writing helped him garner success as one of few authors with “the power to introduce new ideas and give them currency,” according to Washingtonian magazine.

When Pete’s life was turned upside down by the events recounted in his book Crazy, he joined the National Alliance of Mental Illness to advocate for strong mental health reform on the public stage. This new advocacy has taken him to 46 different states and multiple countries around the globe where he delivers speeches to rally against the troubled mental health systems and for the mentally ill.
Breakout Sessions

Non Suicidal Self-Injury
Michelle Shamblin, RN, APMHNP-BC, CARN-AP
Psychiatric Nurse Practitioner
Sundown Ranch

Adolescent Depression
Jamie Steinert, MSN, APRN, BC, FPMHNP
Provider, Nurse Practitioner
The Hopper Group

Brain Circuits: From Psychiatric Symptoms to Medication Target and Side Effects
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC
Coordinator, PMHNP Program
Midwestern State University
PMHNP Attending
North Texas State Hospital

The Real Skinny: Developing a Care Plan for Statler
Patients with Eating Disorders
Annetta Ramsay, PhD, LPC-S, NCC
Licensed Professional Counselor – Supervisor
Chrysalis Intensive Group Treatment for Eating Disorders

Supporting Veterans’ Resilience: The Rules of Engagement
Alexa Smith-Osborne, PhD, MSW, LCSW, ACSW
Associate Professor and Director, Center for Clinical Social Work
School of Social Work, University of Texas at Arlington

Opioid Dependence and Treatment Options
Cherye Callegan, MD
Medical Director, Sundown Ranch
Michelle Shamblin, RN, APMHNP-BC, CARN-AP
Psychiatric Nurse Practitioner
Sundown Ranch

Psychiatric Advance Directives
Dasha L. Joseph, BSN, RN
Green Oaks Hospital

Crisis Intervention Team Training for Law Enforcement
How Does It Help Our Patients?
Sherry Cusumano, RN, LCDC, MS
Executive Director of Community Education & Clinical Development
Green Oaks Hospital
Sr. Corporal Herbert Cotner
Crisis Intervention and Mental Health Liaison, Dallas Police Department
Breakout Sessions

Detecting Delirium in Children and Adolescents
Jane Miles, MD
Attending Physician, Psychiatry Consult Liaison Service
Children’s Medical Center Dallas
Jane LeVieux, PhD, RN, LPC-S
Psychiatry Consult Liaison Nurse
Children’s Medical Center Dallas

Differentiating Dementia/Delirium/Depression in the Older Adult
Jane Nunnelee, PhD, RN-BC, GNP
Coordinator, Gerontological Nursing Initiative
Baylor University Louise Herrington School of Nursing

Alcoholism and Addictions: 21st Century Treatment of “The Whole Patient”
John M. Talmadge, MD
Professor of Psychiatry
The University of Texas Southwestern Medical Center

REBT Applied to Patients with Social Anxiety Disorder
Pamela Garcy, PhD
Psychologist, Author, Speaker, Life Coach

Drug Endangered Children
Justin Mazzeo, BS
Coordinator, Texas Alliance for Drug Endangered Children

Partnership: Promoting Safety & Success in Psychopharmacological Treatment
Susan Beyer Spencer, MSN, RN, PMHNP, BC-CNS
Psychiatric Nurse Practitioner, The Hopper Group

Advancing Psychiatric Nursing Practice Through the Use of Evidence
Susan Mace Weeks, DNP, RN, CNS, LMFT, FAAN
Associate Dean, TCU Harris College of Nursing & Health Sciences
Director, TCU Center for Evidence Based Practice & Research: A Collaborating Center of the Joanna Briggs Institute

Care for the Caregiver: REBT Applied to Mental Health Professionals
Pamela Garcy, PhD
Psychologist, Author, Speaker, Life Coach
Poster Presentations

Supportive Strategies to Minimize Fall Risk Associated with Antipsychotic Use in Elderly Persons with Dementia
Miriam Buoy, BSN, RN (lead presenter)
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

Soldiers and Horses
Ginette DiDomenico, BSN, RN (lead presenter)
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

Screening for Adolescent Depression in the Primary Care Setting Using the CES-DC
Sharolyn K. Dihigo, DNP, RN, CPNP-PC

Prevention and Management of Metabolic Syndrome in Persons Receiving Psychotropic Medications
Douglas H. Evans, BSN, RN (lead presenter)
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

Assessing for Imminent Suicide Risk
Cynthia Garrison, BSN, RN (lead presenter)
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

Brain Circuitry
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

Enrichment of Psychiatric Mental Health Clinical Rotations: A Suicide Scenario Simulation
Melinda Hermanns, PhD, RN, BC, CNE (lead presenter)
Mary LuAnne Lilly, PhD, RN, APRN, BC
Bill Crawley, RN, MS/MA

Impact of Social Media on Children and Adolescent’s Mental Health
Osmunda Jones, BSN, RN (lead presenter)
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

Adolescent Depression Screening Practices Among Texas Family and Pediatric Nurse Practitioners
Carol Lieser, PhD, RN, PMHNP-BC

Chemical Dependency Among Nurses: A Concept Analysis
Mercy Ngosa Mumba, BSN, RN

Impact of Spirituality on Recovery from Depression
Avani Thakkar, BSN, RN (lead presenter)
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC
Jane Mahoney, PhD, RN, PMHCNS-BC
# 2013 Symposium Demographics

## Partial Attendee List

### BY COMPANY

- Abilene State Supported Living Center
- Angelo State University
- APNA
- Baylor Health Care System
- Baylor University
- Big Spring Hospital
- Bill Beatty Insurance Agency
- Brookhaven College
- CCA North Texas
- Cook Children’s Health Care System
- Dallas Nursing Institute
- Dallas Police Department
- Green Oaks Hospital
- Heart of Texas Region MHMR
- JPS Health Network
- Kerrville State Hospital
- Lifenet
- Majors Books
- Memorial Clinic
- Midwestern State University
- Millwood Hospital & The Excel Centers
- Navarro College
- Parkland Health & Hospital System
- San Antonio Military Medical Center
- Schuenemeyer Associates
- Scott & White Mental Health
- Sundown Ranch, Inc.
- Tarrant County College
- Temple College
- Terrell State Hospital
- Texas A&M University-Commerce
- Texas Christian University
- Texas Nurses Association
- The Hopper Group
- The University of Texas at Arlington
- US Air Force
- Validus Pharmaceuticals LLC
- Willis Knighton Health Systems

### BY TITLE

- **Director**
  - General Manager
  - Clinical Care Coordinator
  - PMHNP Graduate Student
  - Chief Nursing Officer
  - ADN Program Director
  - Registered Nurse II
- **Assistant Professor**
  - PMH-CS
- **Director of Nursing**
  - RN
- **Senior Leadership Recruiter**
  - Medical Director
  - Associate Professor of Nursing
- **Lecturer**
  - Nursing Faculty
  - Private Therapist
  - Education Coordinator
  - Faculty
  - CNE
  - Professor
- **Coordinator of the Gerontological Nursing Initiative**
  - Associate Dean
  - Information Coordinator
  - Psychiatric Nurse Practitioner
- **RN Nurse Manager**
  - PMHNP-Student
- **President**
  - Health Professions Recruiter
- **Executive Dean, Health & Human Services**
- **Nursing Faculty**
- **Private Therapist**
- **Education Coordinator**
- **Faculty**
- **Crisis Intervention and Mental Health Liaison**
- **Director, Nurse Excellence and Education**
- **Registered Nurse**
- **RN, House Supervisor in Psych**
- **Nurse Administrator**
- **PMHNP-BC**
2013 Exhibitors

APNA Texas Chapter
Baylor Health Care System
Bill Beatty Insurance Agency
Carrollton Springs Hospital
Cook Children’s Medical Center
Green Oaks Hospital
JPS Health Network
Majors Books
Millwood Hospital
Otsuka America Pharmaceutical, Inc.
Pamela D. Garcy
Paul Chatha, LUTCF
Sunovion Pharmaceuticals, Inc.
Texas Health Presbyterian Dallas Behavioral Health
Texas Health Springwood Hospital & Texas Health Seay Center
Texas Nurses Association
The University of Texas at Arlington
Timberlawn Mental Health System
United States Air Force
Validus Pharmaceuticals LLC
Symposium Photos

Providing education to support professional nurses in their continuous quest to grow and enhance their knowledge and skills

UT Arlington Continuing Nursing Education

Great Conference. Current information and great presenters! I look forward to next year!

- PNS attendee, 2013
Symposium Pricing

Early Bird Registration Rate: $225  
Regular Registration Rate: $275  
Faculty Rate: $225  
Military Rate: $175  
Student Rate: $ 99  

Previous Exhibitor Rate (2012): $325  
Regular Exhibitor Rate: $375

The quality of the presenters was tremendous. Every offering attended was power-packed, personable, professional, and thought provoking!

-PNS Attendee, 2013
Event Contact
For more information, please visit UTA.EDU/CED/DED/NURSING or contact us:

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