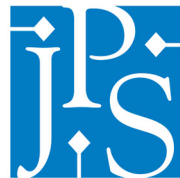


POST REPORT

27th ANNUAL  
PSYCHIATRIC  
NURSING  
SYMPOSIUM  
The University of Texas at Arlington

The Hilton Hotel | Arlington, TX | April 4-5, 2013

[www.uta.edu/edu/ded/nursing](http://www.uta.edu/edu/ded/nursing)



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@UTAringtonCNE



UT Arlington Center for Continuing Nursing Education

## 2013 Post Symposium Report

### MISSION:

The University of Texas at Arlington along with prominent leaders and representatives of the healthcare industry aim to provide attendees with current best practices and information through engaging educational sessions focused on child psychiatric care, addiction therapy, adult/geriatric mental health, and general psychiatric care issues.

### LEADERSHIP:

The primary committee is comprised of The University of Texas at Arlington and UT Arlington Continuing Nursing Education staff and industry leaders including representatives from Children's Medical Center Dallas, Cook Children's Health Care System, Green Oaks Hospital, JPS Health Network, Millwood Hospital & The Excel Centers, Terrell State Hospital, and Texas Christian University.

## **Event Highlights**

**Number of Attendees: 244**

**Attendees from 7 states**

**Number of Poster Presenters: 11**

**Number of exhibitors: 20**

## **Presentation Summary**

**2 Keynote speakers**

**16 Breakout sessions**

## Keynote Speakers



### Patricia L. Black, PhD(c), RN

Patricia Black is the Associate Executive Director for the American Psychiatric Nurses Association. Her position provides the opportunity to work with APNA members and staff to develop continuing nursing education for psychiatric mental health nurses through conferences and online learning activities. Ms. Black has a passion for nursing education and mental health recovery and is the project director for the APNA Recovery to Practice initiative that is funded by the Substance Abuse and Mental Health Services Administration to bring mental health and substance use recovery into psychiatric mental health nursing practice. Previous nursing experience includes psychiatric mental health nursing in acute care, outpatient, and community settings and as a psychiatric mental health nursing clinical educator.

Ms. Black received her bachelor's degree in nursing from George Mason University and her master's degree from The Catholic University of America as a psychiatric mental health clinical nurse specialist. She will complete her doctoral work in Spring 2013 at George Mason University with a study that reports the experience of psychiatric mental health nurses making ethical decisions with their patients who smoke. Research experience includes areas of tobacco dependence, underage drinking, horizontal violence, health disparities and nursing education.



### Peter Earley

Pete Earley is a storyteller who has penned 13 books including the New York Times bestseller *The Hot House* and the 2007 Pulitzer Prize finalist *Crazy: A Father's Search Through America's Mental Health Madness*. After a 14-year career in journalism, including six years at *The Washington Post*, Pete became a full-time author with a commitment to expose the stories that entertain and surprise. His honest reporting and compelling writing helped him garner success as one of few authors with "the power to introduce new ideas and give them currency," according to *Washingtonian* magazine.

When Pete's life was turned upside down by the events recounted in his book *Crazy*, he joined the National Alliance of Mental Illness to advocate for strong mental health reform on the public stage. This new advocacy has taken him to 46 different states and multiple countries around the globe where he delivers speeches to rally against the troubled mental health systems and for the mentally ill.

## Breakout Sessions

### Non Suicidal Self-Injury

Michelle Shamblin, RN, APMHNP-BC, CARN-AP  
Psychiatric Nurse Practitioner  
Sundown Ranch

Melissa Blair, PhD, LPC  
Private Therapist  
CCA of North Texas

### Brain Circuits: From Psychiatric Symptoms to Medication Target and Side Effects

Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC  
Coordinator, PMHNP Program  
Midwestern State University  
PMHNP Attending  
North Texas State Hospital

### Supporting Veterans' Resilience: The Rules of Engagement

Alexa Smith-Osborne, PhD, MSW, LCSW, ACSW  
Associate Professor and Director, Center for Clinical Social Work  
School of Social Work, University of Texas at Arlington

### Psychiatric Advance Directives

Dasha L. Joseph, BSN, RN  
Green Oaks Hospital

### Adolescent Depression

Jamie Steinert, MSN, APRN, BC, FPMHNP  
Provider, Nurse Practitioner  
The Hopper Group

### The Real Skinny: Developing a Care Plan for Statler

Patients with Eating Disorders  
Annetta Ramsay, PhD, LPC-S, NCC  
Licensed Professional Counselor – Supervisor  
Chrysalis Intensive Group Treatment for Eating  
Disorders

### Opioid Dependence and Treatment Options

Cherye Callegan, MD  
Medical Director, Sundown Ranch  
Michelle Shamblin, RN, APMHNP-BC, CARN-AP  
Psychiatric Nurse Practitioner  
Sundown Ranch

### Crisis Intervention Team Training for Law Enforcement How Does It Help Our Patients?

Sherry Cusumano, RN, LCDC, MS  
Executive Director of Community Education & Clinical Development  
Green Oaks Hospital  
Sr. Corporal Herbert Cotner  
Crisis Intervention and Mental Health Liaison, Dallas Police  
Department

## Breakout Sessions

### Detecting Delirium in Children and Adolescents

Jane Miles, MD  
Attending Physician, Psychiatry Consult Liaison Service  
Children's Medical Center Dallas  
Jane LeVieux, PhD, RN, LPC-S  
Psychiatry Consult Liaison Nurse  
Children's Medical Center Dallas

### Differentiating Dementia/Delirium/Depression in the Older Adult

Jane Nunnelee, PhD, RN-BC, GNP  
Coordinator, Gerontological Nursing Initiative  
Baylor University Louise Herrington School of Nursing

### Alcoholism and Addictions: 21st Century Treatment of "The Whole Patient"

John M. Talmadge, MD  
Professor of Psychiatry  
The University of Texas Southwestern Medical Center

### REBT Applied to Patients with Social Anxiety Disorder

Pamela Garcy, PhD  
Psychologist, Author, Speaker, Life Coach

### Drug Endangered Children

Justin Mazzeo, BS  
Coordinator, Texas Alliance for Drug Endangered Children

### Partnership: Promoting Safety & Success in Psychopharmacological Treatment

Susan Beyer Spencer, MSN, RN, PMHNP, BC-CNS  
Psychiatric Nurse Practitioner, The Hopper Group

### Advancing Psychiatric Nursing Practice Through the Use of Evidence

Susan Mace Weeks, DNP, RN, CNS, LMFT, FAAN  
Associate Dean, TCU Harris College of Nursing & Health Sciences  
Director, TCU Center for Evidence Based Practice & Research: A Collaborating Center of the Joanna Briggs Institute

### Care for the Caregiver: REBT Applied to Mental Health Professionals

Pamela Garcy, PhD  
Psychologist, Author, Speaker, Life Coach

## Poster Presentations

### Supportive Strategies to Minimize Fall Risk Associated with Antipsychotic Use in Elderly Persons with Dementia

Miriam Buoy, BSN, RN (lead presenter)  
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

### Soldiers and Horses

Ginette DiDomenico, BSN, RN (lead presenter)  
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

### Screening for Adolescent Depression in the Primary Care Setting Using the CES-DC

Sharolyn K. Dihigo, DNP, RN, CPNP-PC

### Prevention and Management of Metabolic Syndrome in Persons Receiving Psychotropic Medications

Douglas H. Evans, BSN, RN (lead presenter)  
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

### Assessing for Imminent Suicide Risk

Cynthia Garrison, BSN, RN (lead presenter)  
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

### Brain Circuitry

Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

### Enrichment of Psychiatric Mental Health Clinical Rotations: A Suicide Scenario Simulation

Melinda Hermanns, PhD, RN, BC, CNE (lead presenter)  
Mary LuAnne Lilly, PhD, RN, APRN, BC  
Bill Crawley, RN, MS/MA

### Impact of Social Media on Children and Adolescent's Mental Health

Osmunda Jones, BSN, RN (lead presenter)  
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC

### Adolescent Depression Screening Practices Among Texas Family and Pediatric Nurse Practitioners

Carol Lieser, PhD, RN, PMHNP-BC

### Chemical Dependency Among Nurses: A Concept Analysis

Mercy Ngosa Mumba, BSN, RN

### Impact of Spirituality on Recovery from Depression

Avani Thakkar, BSN, RN (lead presenter)  
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC  
Jane Mahoney, PhD, RN, PMHCNS-BC

# 2013 Symposium Demographics

## Partial Attendee List

### BY COMPANY

Abilene State Supported Living Center  
 Angelo State University  
 APNA  
 Baylor Health Care System  
 Baylor University  
 Big Spring Hospital  
 Bill Beatty Insurance Agency  
 Brookhaven College  
 CCA North Texas  
 Cook Children's Health Care System  
 Dallas Nursing Institute  
 Dallas Police Department  
 Green Oaks Hospital  
 Heart of Texas Region MHMR  
 JPS Health Network  
 Kerrville State Hospital  
 Lifenet  
 Majors Books  
 Memorial Clinic

Midwestern State University  
 Millwood Hospital & The Excel Centers  
 Navarro College  
 Parkland Health & Hospital System  
 San Antonio Military Medical Center  
 Schuenemeyer Associates  
 Scott & White Mental Health  
 Sundown Ranch, Inc.  
 Tarrant County College  
 Temple College  
 Terrell State Hospital  
 Texas A&M University-Commerce  
 Texas Christian University  
 Texas Nurses Association  
 The Hopper Group  
 The University of Texas at Arlington  
 US Air Force  
 Validus Pharmaceuticals LLC  
 Willis Knighton Health Systems

### BY TITLE

Director  
 Assistant Professor  
 Director of Nursing  
 Senior Leadership Recruiter  
 Lecturer  
 Coordinator of the Gerontological Nursing Initiative  
 RN Nurse Manager  
 President  
 Executive Dean, Health & Human Services  
 Nursing Faculty  
 Private Therapist  
 Education Coordinator  
 Faculty  
 Crisis Intervention and Mental Health Liaison  
 Director, Nurse Excellence and Education  
 Registered Nurse  
 RN, House Supervisor in Psych  
 Nurse Administrator  
 PMHNP-BC  
 General Manager  
 Clinical Care Coordinator  
 PMHNP Graduate Student  
 Chief Nursing Officer  
 ADN Program Director  
 Registered Nurse II  
 Staff Nurse  
 PMH-CS  
 RN  
 Medical Director  
 Associate Professor of Nursing  
 Nursing Faculty - ADN Instructor  
 CNE  
 Professor  
 Associate Dean  
 Information Coordinator  
 Psychiatric Nurse Practitioner  
 PMHNP-Student  
 Health Professions Recruiter



## **2013 Exhibitors**

**APNA Texas Chapter  
Baylor Health Care System  
Bill Beatty Insurance Agency  
Carrollton Springs Hospital  
Cook Children's Medical Center  
Green Oaks Hospital  
JPS Health Network  
Majors Books  
Millwood Hospital  
Otsuka America Pharmaceutical, Inc.  
Pamela D. Garcy  
Paul Chatha, LUTCF  
Sunovion Pharmaceuticals, Inc.  
Texas Health Presbyterian Dallas Behavioral Health  
Texas Health Springwood Hospital & Texas Health Seay Center  
Texas Nurses Association  
The University of Texas at Arlington  
Timberlawn Mental Health System  
United States Air Force  
Validus Pharmaceuticals LLC**

## Symposium Photos



Providing education to support professional nurses in their continuous quest to grow and enhance their knowledge and skills

UT Arlington  
Continuing Nursing Education



Great Conference. Current information and great presenters! I look forward to next year!

- PNS attendee, 2013



## Symposium Pricing

<b>Early Bird Registration Rate:</b>	<b>\$225</b>
<b>Regular Registration Rate:</b>	<b>\$275</b>
<b>Faculty Rate:</b>	<b>\$225</b>
<b>Military Rate:</b>	<b>\$175</b>
<b>Student Rate:</b>	<b>\$ 99</b>

<b>Previous Exhibitor Rate (2012):</b>	<b>\$325</b>
<b>Regular Exhibitor Rate:</b>	<b>\$375</b>



The quality of the presenters was tremendous. Every offering attended was power-packed, personable, professional, and thought provoking!

-PNS Attendee, 2013



## Event Contact

For more information, please visit [UTA.EDU/CED/DED/NURSING](http://UTA.EDU/CED/DED/NURSING) or contact us:

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